

International Workshop

“Food, health, and factors promoting longevity”

March 5th-6th, 2020 Novara – Italy
Campus Perrone, Via Perrone 18

Thursday, March 5th

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| 8.00-9.30 | Arrival and Registration |
| 9.30-10.30 | Welcome and opening of the meeting |
| Session 1: From the cell to the clinic Chair: Fabio Penna & Antonia Follenzi | |
| 10.30-11.00 | Hazel Szeto Mitochondrial bioenergetics and healthspan |
| 11.00-11.30 | Joel C. Glover Modeling age-related neurological diseases in vitro |
| 11.30-12.00 | Mario Ost Cell-autonomous and endocrine mechanisms of skeletal muscle mitohormesis |
| 12.00-12.30 | Francesca Riuzzi Identification of a phytotherapy formulation useful to counteract muscle atrophy |
| 12.30-13.00 | Short Talk(s) chosen from Abstracts |
| Lunch and poster viewing | |
| Session 2: Nutrition and microbiota Chair: Diana Di Gioia & Flavia Prodam | |
| 15.00-15.30 | Francesco Neri Transcriptional and epigenetic landscape of the intestinal epithelium during aging |
| 15.30-16.00 | Laure Bindels Does the gut microbiota affect muscle atrophy? |
| 16.00-16.30 | Marco Giorgio Disclosing the aging-nutrition interaction through trans-omics analysis |
| 16.30-17.00 | Elisabetta Bugianesi The burden of fatty liver disease in an aging population |
| 17.00-17.30 | Short Talk(s) chosen from Abstracts |
| Dinner for the invited speakers | |

Friday, March 6th

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| Session 3: Biological predictors of health and longevity: what we learned from cohorts and what we still could learn Chair: Giuseppe Matullo & Fabrizio Faggiano | |
| 9.00-9.30 | Eline Slagboom, TITLE TBD |
| 9.30-10.00 | Paolo Garagnani, Genetics and epigenetics of healthy aging |
| 10.00-10.30 | Paolo Vineis Are cohort studies still useful for research on aging? |
| 10.30-11.00 | Carlotta Sacerdote EPIC: how an international study on diet and cancer can help understand aging |
| Coffee Break | |
| Session 4: Promoting health interventions Chair: Marco Minetto & Marco Invernizzi | |
| 11.30-12.00 | Salvatore Panico Mediterranean diet: from Ancel Keys to the Pyramids |
| 12.00-12.30 | Antonio Nardone, New approaches in home-based exercise to improve mobility in elderly subjects |
| 12.30-13.00 | Short Talk(s) chosen from Abstracts |
| Closure and departure | |



Registration

The participation is free, registration is required.

Abstract session

Researchers are invited to send an Abstract to: fhl2020@uniupo.it
Oral presentations will be selected from the Abstracts.

Information

fhl2020@uniupo.it
www.foodhealthlongevity.eu